

# HOW TO P.R.A.Y. ~ A Guide for Kids

We are so proud of you as you begin or continue, this powerful journey of learning how to P.R.A.Y (Praise, Repent, Ask, Yield). Praying with Jesus is not only something that we need in our lives, it should be something that we want to do. The more we learn about prayer, the easier it becomes. The easier it becomes the more fun it is! Our goal at Park Avenue Bible Church is to be a people of prayer and that includes YOU. Children's prayers are as valuable to God as adult prayers. God is a perfect Father and our best friend, he is always ready to talk with us. We hope you will use this guide to make your prayer time more personal. Once you learn how to talk to God, you can make it a part of your everyday life like Jesus did.

*Early the next morning Jesus woke and left the house while it was still dark. He went to a place to be alone and pray. [ Mark 1:35 ICB*

## 1. TIME

We see Jesus had a certain time that He prayed every day. We should do the same. What time will your prayer time be?



## 2. PLACE

We see that Jesus had a certain place that He would go to pray.

1. Where is your favorite place to pray?

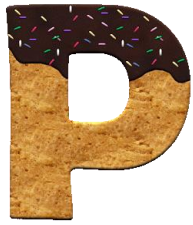
2. Why is it your favorite place to pray?



## 3. PLAN

We see that Jesus had a plan to pray. Make a list of all the things you want to pray for everyday?





## PRAISE: Tell God How Great He is!

Dear God

You are an awesome God. I love You so much! I praise (yippee, yahoo, way to go God) who You are:

My God is on my side and will fight for me.

My God is in charge and wants the best for me.

I choose joy because God is my joy.

My God is my hope in every situation.

My God forgives me for anything I have do and will do.

My God brings me peace no matter what I go through.

My God is always with me.

My God \_\_\_\_\_.

## REPENT: Make sure your heart is right with God and people.

1. What do you need to ask forgiveness about?

Prayer: Please forgive me for

2. What do you need to forgive someone for?

Prayer: Please help me forgive \_\_\_\_\_ like Jesus forgives me.

Once you have prayed colour in the sentences below.

I AM FORGIVEN

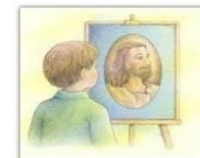
I CAN FORGIVE

## ASK: Ask God for what God wants for you.

Study the Bible



Be like Jesus



Grow my Faith



Pray Often



Share about Jesus



Shine for God



## YIELD: Ask God to lead you every day.

Trace the numbers on the road map as you pray:

1. Thank You, God for the plan you have for me!
2. Today, I choose Your plan for my life, because I know it is the best plan there is!
3. Lead me. Give me words to say. Help me think good thoughts.
4. Help me to be kind to people, be wise and make good choices.
5. God, please make me more like Jesus every day.

